

# Monroe Optimist Tri-Star Basketball Contest

## **PASS SHOOT DRIBBLE**

Monroe YMCA

Sunday, March 10, 2019

Competition starting at 1:00 p.m.

Dear Young Athletes,

On Sunday, March 10, 2019 the Monroe Optimist Breakfast Club is sponsoring a **Pass, Shoot and Dribble Tri-Star Basketball Contest** at the Monroe YMCA at 1:00 p.m. This contest has been an annual event designed to test basketball skills of boys and girls 6 to 13 years of age. Each age will be divided into boy and girl categories. The gym will be available for warm-up at 12:45 p.m. **ALL** contestants must compete during the time allotted (1:00 p.m. - 2:00 p.m.) on March 10<sup>th</sup>. **ALL** contestants will receive a Participation Medal.

The **winning boy** and **girl** and the **runners up** will be awarded **trophies** by the Monroe Optimist Club. The individual (*boy or girl*) with the highest total points in his or her age group will be eligible to compete in the **District Invitational Tri-Star Contest** at Mukwonago High School Gymnasium in Mukwonago on April 13<sup>th</sup>.

### **The rules of competition are as follows:**

#### **Passing Skill**

Each contestant passes three direct and three bounce passes at a target. Contest ages 6 and 7 will pass from 9 feet; 8 and 9 will pass from 12 feet; 10 and 11 from 15 feet; 12 and 13 from 18 feet. The target is a 12 inch circle mounted three feet from the floor. Eight points will be awarded for each pass in which the ball touches the target. Perfect score is 48 points.

#### **Shooting Skill**

The shots shall be of varying distances from the basket as follows: ages 6 and 7 at 9 feet; 8 and 9 at 11 feet; 10 and 11 at 13 feet; 12 and 13 at 15 feet. Each basket earns 10 points. Perfect score is 60 points.

#### **Dribbling Skill**

Each contestant must dribble through a prescribed course of four obstacles laid out in a straight line, weaving in and out of the obstacles, circling the last one and returning through the course in the same fashion. The course is 32 feet long, with the obstacles 8 feet apart. Each contestant starts with 75 points and three points are deducted for each second of elapsed time.

## **ENTRY FORM**

Please use the entry form on the back side of this letter on the day of competition. Additional forms will be available at the contest.

If you have any questions, contact Lance Sathoff at 558-1038, or Sam Mathiason at 325-6766.

# Monroe Optimist Tri-Star Basketball Contest

## PASS SHOOT DRIBBLE

Monroe YMCA

Sunday, March 10, 2019 — 1:00 p.m.

*6 & 7 year olds at 1:00 p.m.*

*8 & 9 year olds following*

*10 & 11 year olds following*

*12 & 13 year olds following*

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age as of March 15, 2019 \_\_\_\_\_

School \_\_\_\_\_

Your Address \_\_\_\_\_

Home Telephone Number \_\_\_\_\_

### Shooting Skill

Two shots from any place on the court (*outside the key*) and four shots from the free throw line.  
(10 points for each basket)

\_\_\_\_\_  
(60)

### Passing Skill

Three direct passes and three bounce passes at a 12 inch target.  
(8 points for each hit)

\_\_\_\_\_  
(48)

### Dribbling Skill

Dribbling through a 64 foot obstacle course.  
(Each contestant starts with 75 points and three points are deducted for each second of elapsed time.)

\_\_\_\_\_  
(75)

**TOTAL SCORE** \_\_\_\_\_