



November 2019

\$61.75



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Chicken Pot Pie, Peas & Carrots, WG Bread, *Green Pepper Sticks, *Applesauce, *Fig Bar BL-PB & J on WG	2
3	4 Italian Sausage, Baked Ziti, Green Beans, *Garlic Bread, *Cucumber Rounds, *Diced Peaches BL-Chicken on WG	5 Beef & Pepperoni Pizza, *Fresh Cauliflower & Carrots, *Green Pepper Sticks, *Grapes & Pineapple BL-Cheese on English Muffin	6 Baked Fish, Mac & Cheese, Summer Vegetable Blend, *Sliced Pears, *Nachos BL-PB & J on WG, Fresh Broccoli	7 BBQ Chicken in Pita Pocket, Wax Beans, *Lettuce & Romaine, *Mixed Fruit, *Banana Bars BL-Sausage & Crackers	8 Salisbury Steak, Mashed Potatoes, Gravy, Peas, *Apple Slices, *Cookie BL- Ham on Bun, Pea Pods	9
10	11 Bean & Cheese Burrito, Cottage Cheese, Broccoli, *Zucchini rounds, *Orange Wedges, BL-String Cheese, Crackers	12 Ham Slice, Roasted Potatoes, Sauteed Vegetable Medley, WG Bread & Butter, *Sliced Peaches BL-Turkey on English Muffin, Baby Carrots	13 Turkey, Salami & Cheese in Biscuit, Romaine & Lettuce, *Baby Carrots, *Banana & Cantaloupe, *Side Kick BL- Chicken Salad Crackers	14 Beef Stroganoff, Egg Noodles, Green Beans, *Pineapple, *Cranberry Vanilla Chip Muffin, BL-Egg Salad on WG, Cucum-ber	15 Chicken & Waffles, Corn, *Spinach Leaves & Ranch, *Grapes & Pears, *Bread Pudding Vanilla Sauce, BL- Pepperoni, Sauce, Cheese	16
17	18 Sausage & Red Beans, Rice, Peas, *Cole Slaw, *Cinnamon Applesauce, BL- Chicken and Bagel	19 Egg Bake w/Ham & Cheese, Carrots, *Cucumber Sticks, *Mixed Fruit, *Cinnamon Swirl Coffeecake BL-PB & J on Crackers	20 Chicken Legs, Broccoli & Cauliflower, *Buttered Pasta, *Pea Pods, *1/2 Banana, *Oreo Cookie BL-Ham Cubes, Breadstick	21 Cheeseburger, Steak Fries, Wax Beans, *Sliced Pears, *Chex Mix, BL-Sausage Pieces, Crackers, Baby Carrots	22 Turkey, Mashed Potatoes, Stuffing, Gravy, Yams, Green Beans, *WG Roll w/ Butter, *Pumpkin Dessert BL-Cheese on WG Roll, Broccoli	23
24	25 Spaghetti & Meatballs, Broccoli, *Pineapple & Grapes, *Garlic Breadstick BL-Turkey on WG, Fresh Broccoli	26 Vegetable Pasta Soup, Cottage Cheese, PB & J Sandwich, *Celery Sticks, *Sliced Peaches, *Confetti Cake w/ Frosting, BL- Bologna on Bun	27 Breaded Chicken Patti, Summer Vegetable Blend, *Tator Tots, *Orange Circles, *Rice Pudding, BL-Nachos, Baby Carrots	28 NO SCHOOL THANKSGIVING	29 NO SCHOOL	30